

WHAT TO REMEMBER WHEN INJECTING INTRAVENOUSLY

- Do not inject too deep or too shallow (both lead to missing the vein putting the drug into the tissue)
- Avoid using collapsed veins, rolling veins (ones that move easily), and swollen skin or tissues
- Do not push too hard on the plunger (the increased pressure can burst veins)
- Feel the veins before each injection
- Rotate sites to avoid site overuse
- Use new needles for each injection
 - Use sharp needles (even after one use the tip of the needle bends, causing vein damage)
 - Use clean needles each time (even if you clean them, small amounts of blood are still present)
 - Do not share needles (blood borne diseases are transmitted easily through needle sharing)
- Put old needles in a sharps bin
- Keep in good health

IF YOU NEED CLEAN NEEDLES

Scan QR code to see CRA van schedule and location specific phone numbers



Or call The Night Ministry Street Medicine Outreach Team anytime for assistance at 773-256-7549